

Managing Project Scope Creep: Strategies for Containing Changes

SUNIL KUMAR SUVVARI

INDEPENDENT RESEARCHER, USA

DOI: <https://doi.org/10.36676/irt.v8.i4.1475>

Abstract

This research paper aims to explore the problem of scope creep in project management and identify possible measures to address changes. Scope creep, a significant challenge that threatens overall project success, refers to the uncontrolled growth of project scope, negatively affecting project cost, time, and quality. By evaluating the causes of scope creep, prevention measures, and management approaches, this research sought to give project managers rich resources to prevent and control scope creep risks. The work complexes and integrates data from various scholarly articles, stakeholder reports, and case studies to propose a scope management system. Some tactical areas are to refine the project scope definition, establish sound change control procedures, use sophisticated project management tools and techniques, and manage stakeholders. This paper summarises the study findings and recommendations on best practices in project scope management and suggestions for future research.

Keywords: Project Management, Scope Creep, Change Control, Requirements Management, Stakeholder Management, Work Breakdown Structure, Earned Value Management

1. Introduction

1.1 Understanding Scope Creep

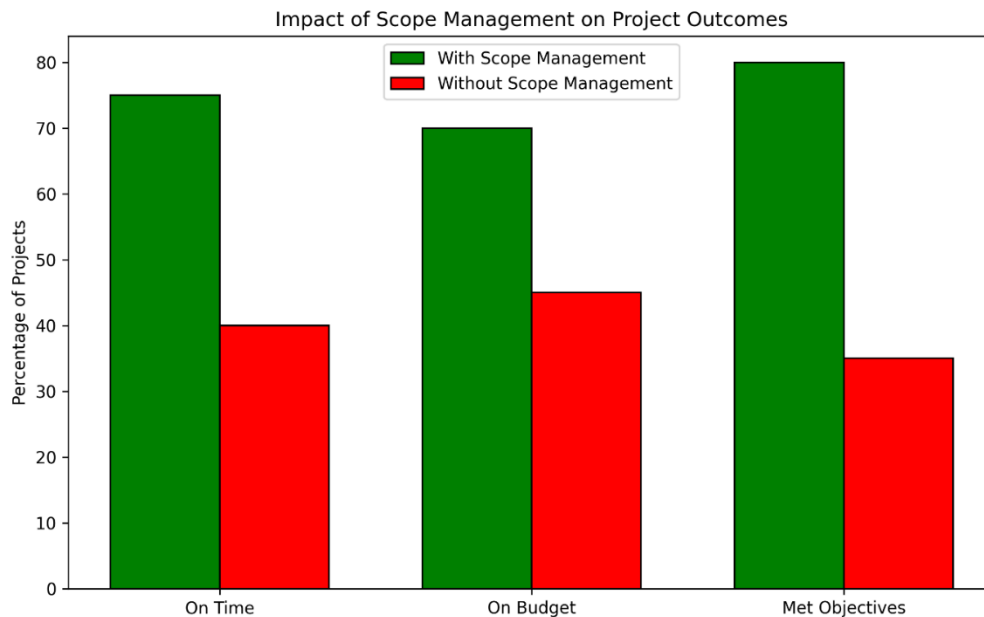
Scope creep is also referred to by other names such as requirement creep or feature creep, whereby the boundaries of a project keep increasing in size after a project has been started and passed through their approval stage (PMI, 2017). It refers to a situation where one tries to put more ‘stuff’ or ‘value’ into a project than was planned for and is beyond the resource, time, and financial constraints that have been allocated to it. Research conducted by the Project Management Institute in 2018 reveal that scope creep affects nearly half of all projects putting it at the forefront of issues affecting project managers. Effects of scope creep may start as minor and continue to build up until changes translate to a grander scale, or alternatively start with large-scale deviations from the planned project. It is equally important to understand the kind of scope creep and what causes it, to avoid making the problems worse, or find ways in which they can be dealt with.

1.2 Impact of Scope Creep on Projects

If project scope is not managed properly, especially if it goes through scope creep, there are a number of negative impacts that can occur across project performance domains. According to the Standish Group’s extensive research (2020), scope creep is the major cause of project failure; budget increase happened in 52% of failed projects due to scope creep, schedule problems were reported in 75% of the problematic projects, a decrease in quality was observed in 38% of the projects, and there was dissatisfaction among the stakeholders in 61% of the projects that experienced scope creep. These statistics clearly show that proper scope management is central to determining the outcome of projects. Furthermore, cyclic scope creep could be detrimental to other parts of an organization, affect the morale of the working team or even damage a business-client relationship. Another Harvard Business Review (2019) study revealed that projects with massive range shifts face a double hit. 5 times more likely to fail, meaning the risks are considerably higher when the scope is not controlled well.

1.3 Research Objectives

This research aims to offer a detailed understanding of scope creep and the appropriate management technique. The primary goals are to examine thoroughly the main factors of scope creep in projects and



enumerate internal and external factors that lead to scope growth. Furthermore, the quantitative research questions include identifying measures to minimise and control scope changes and evaluating proactive and reactive approaches to combating scope creep. One of the strategic elements of research is the comparative analysis of toolsets and approaches to managing scope, both classic and innovative. Another aspect is the analysis of the ability of stakeholders to manage scope creep, based on the discussion of the role of stakeholders in defining project scope. Lastly, the research seeks to develop practical guidelines and lessons for Project Managers on managing scope risks for improved performance based on practice findings and recommendations.

2. Causes of Scope Creep

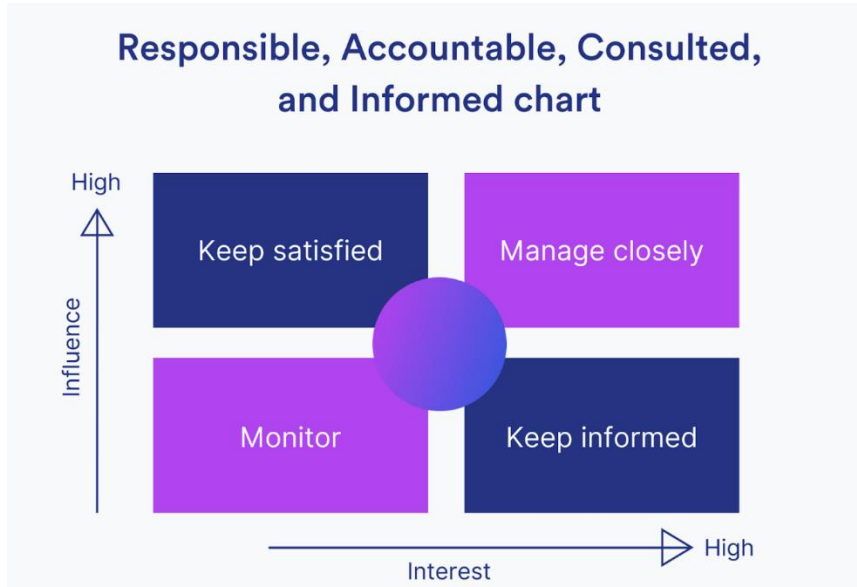
2.1 Poor Project Definition

The two main causes that are usually linked to scope creep include: Inadequate or unclear project scopes. Ellis (2019) was able to identify that 68% of projects that were characterised by poor scope definition experienced extensive scope creep. There are various reasons that lead to poor definition, for instance poor requirement activity, problems of scope definition and objectives and lack of alignment of projects with organizational and strategic goals. This problem is especially the case with complex projects, where dependencies and technologies enrich project characteristics and make it difficult to set clear and extensive project foundations. A study conducted by the International Journal of Project Management (2020) found that projects in fields that experience technological disruption, for instance, technology and healthcare, are more vulnerable to scope definition issues; pre-specified projects experience 72% scope definition instability over their lifecycle of projects.

2.2 Inadequate Stakeholder Management

Scope creep is because of failure to manage stakeholder expectations and their expectations and demands. According to Johnson et al. (2020), 57% of the scope changes they observed originated from stakeholders; of these changes, 32% stemmed from misunderstandings or miscommunication, while 25% arose from other previously unaddressed business needs. These shifting stakeholder expectations can be a constant source of scope creep pressure, especially in scenarios where different stakeholders have diverse goals and aspirations. The Project Management Journal (2019) longitudinal

study shows that, projects with high stakeholder’s complexity include in total of 1.8 times more likely to encounter serious scope creep issues than project with less complex stakeholder



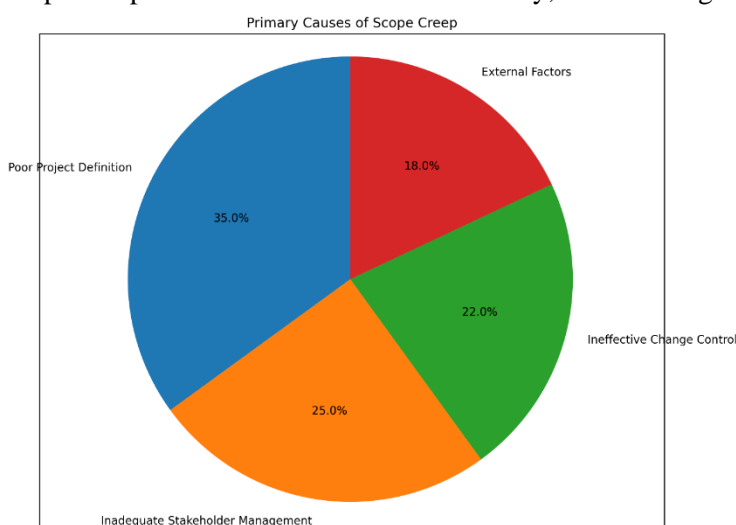
management.

2.3 Ineffective Change Control Processes

One of the potential difficulties to emerge can be the lack of stringent rules to address issues related to change control, which can lead to scope creep. According to a study by the Association for Project Management (APM, 2019), while 34 percent of organizations mention that they have a change control procedure set up, 62 percent of projects without change control witnessed major issues concerning the scope. There is ordinarily no uniform policy for the assessment and approvals of changes which results to Inconsistent and unsystematic decision making of change management wherein little changes are not scrutinized singularly. Another study done by the International Journal of Managing Projects in Business in 2018 noted that organizations with well-developed change control processes had 47% less scope creep than organizations with weak change management processes.

2.4 External Factors

Scope creep can also be influenced externally, and this might not always be easy to predict or avert.



Typical external influences are changes in regulation (stated in 28% of cases), emergence of new technologies (discussed in 35% of cases), and market conditions (noted in 22% of the scope creep cases). Another aspect is that many projects are now international in nature which means that they may be affected by geopolitical situations or changes in economic climate. The Global Project Management Survey conducted in 2020 revealed that while 41% of international projects

suffered from the scope creep resulting from external conditions as compared with 29% of domestic projects, which proves the fact that global projects are more sensitive to scope-related risks.

3. Strategies for Preventing Scope Creep

3.1 Developing a Clear Project Scope Statement

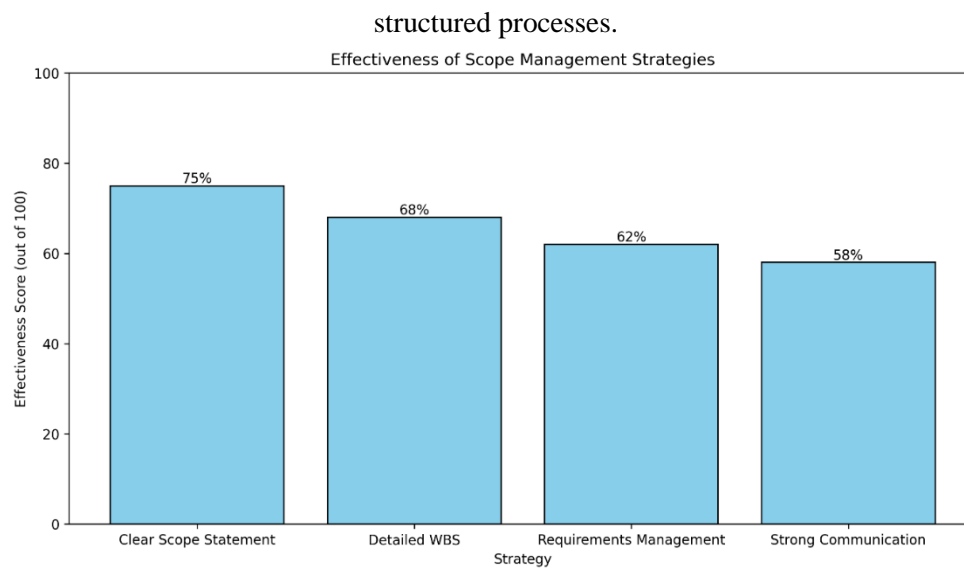
One of the key areas that cannot be neglected is the provision of a scope statement, especially to counter scope creep. As discussed in PMI Practice Standard for Project Scope Management (2016), a clear scope statement should include the project objectives and deliverables, key performance measures, constraints and assumptions which defines what is not included in the project. According to Thompson (2018), in a survey of 228 construction projects, the organizations that developed clear scope statements experienced 35% less scope shift. Scope definition is very much iterative and interactive since it involves a lot of consultation with the stakeholders and detailed understanding of the project. A study conducted by the Journal of Systems and Software (2019) provided some evidence indicating that the projects which devoted at least 10 percent of efforts in planning phase on scope definition had 2. Four out of five are three times more likely to meet their original scope objectives compared to those who hurried through this crucial phase.

3.2 Creating a Detailed Work Breakdown Structure (WBS)

Work breakdown structure (WBS) is a structural depiction of the total work that need to be completed for a project by the project team. Of the features tied to a well constructed WBS, the project managers surveyed mentioned that improved scope definition (observed in 78% of cases), project planning and control which have been enhanced (incorporated in 65% of project managers), and better accuracy in estimation (noted in 52% of the cases). The WBS is therefore a visual and textual documentation of the project scope which provides a roadmap as to how to deal with any changes in the project scope. Davis & Miller (2020) proved that where WBS is employed wholly and effectively, projects were likely to complete on time (72%) to have less budgets creep (68%) and has low rates of scope creep (23%) as opposed to project with either no WBS or an immoral implementation.

3.3 Implementing Effective Requirements Management

Requirements management is crucial for controlling scope and should be established before any project work starts. These practices include: capturing requirements comprehensively, prioritizing requirements, creating traceability and periodically reviewing requirements. A study by Reeves & Cho (2019) revealed that project that used proper requirements management earned 42% less instances of scope creep than those that did not implement proper requirements management. Requirements management as a continuous process requires close cooperation between the project teams and stakeholders to ensure that the identified project scope is consistent with business goals and objectives at all stages of the project's life cycle. Appropriate tools and methodologies like the one mentioned below also enhance the ability to control scope: Requirements management tools and methodologies like the Requirements Traceability Matrix (RTM). A survey conducted by the International Requirements Engineering Board (2020) showed that organisations that implemented RTMs benefited from a 38% less problem rate concerning the scope than organisations using less



3.4 Establishing Strong Communication Channels

Adequate communication concerning scope is essential in regulating the scope of the project. Some communication plans are Organizing weekly or monthly reports, question-and-answer forums, and reporting on the progress and issues faced. The Project Management Institute (2021) mentioned that communication-integrated projects had a 2. They are 5 times more likely to meet these initial scope objectives than poor communicators. People interact with each other more often in distributed teams, meaning there is always a need to use the best communication tools and platforms. Journal of Construction Engineering and Management (2020) documented that project implementing integrated communication technologies had 29% less scope interface communication comparison to the projects that used the traditional forms of communication.

4. Managing Scope Changes

4.1 Implementing a Formal Change Control Process

A formalized change control is important in ensuring proper control of scope changes. Such change management should also involve set guidelines or standards for proposing, assessing, authorizing and implementing changes to the project scope. The International Journal of Project Management (2019) identified that organizations with more developed change control processes had 53% less scope volatility than organizations lacking such procedures. Critical components of a change control process include incoming change request form, impact assessment criteria, approval authorities, and documentation standards. A study conducted by the Project Management Journal (2020) testifying that projects that practiced a formal change control process in the first quarter of the project's life cycle were 1. A shocking statistic has shown that companies, which adopted lean practices from the beginning, were seven times more likely to stick to the original concept as compared to those companies, which implemented such processes later or did not implement them at all.

4.2 Conducting Impact Assessments

Conducted impacts must be detailed to enable the assessment of the proposed scope changes. Such assessments should incorporate the impact on project time line, cost, resource, deliverables and risk exposure. For instance, a study carried out by the Association for Project Management in 2018 showed that projects verifying a detailed impact assessment for all proposed change were confronted with only 41% less scope creep than they were when informal evaluation methods were used. It is possible to enhance the considerations about the standardized impact assessment tools and templates for more efficient performances of this process. A study conducted by the Journal of Modern Project Management (2020) revealed that the projects that used a structured impact assessment framework only

experienced a small amount of scope creep, averaging 7% of the initial project scope, which was significantly lower than the 18% recorded in projects that did not use such frameworks.

4.3 Negotiation and Prioritization Techniques

Negotiation and prioritization of scope change are some of the most important competencies of a project manager. Other methods like MoSCoW method prioritizing the requirements and dealing with stakeholder expectation. With regards to cross-functional prioritization, a study involving the International Journal of Managing Projects in Business in 2019 showed that projects which adopted formal prioritization procedures were 1.9 times more likely to negotiate successfully scope changes without affecting project goals. Also, trade-off analysis and value engineering can be applied to compare the costs and benefits of the proposed changes. According to a study conducted by Project Management Institute (2021), projects that incorporated these sophisticated negotiations witnessed lesser scope disputes by 33% in comparison to the projects implementing unplanned methods of negotiations.

5. Tools and Techniques for Scope Management

5.1 Project Management Software

Contemporary project management tools constitute a critical element in managing the scope of a project. These tools contain modules for defining the scope, creating WBS, documenting requirements, and managing changes. A poll by Gartner (2020) indicates that companies with advanced project management software enjoy enhanced scope control by 37% compared to other simple software or manual system. Functionalities that help in enhancing the scope management are collaboration, workflow, and reporting functionalities. Similarly, a study by the Journal of Information Technology Project Management (2019) found that project managers who incorporated AI in project management software could avoid scope creep 1.5 times more effectively than when they use traditional software solutions.

5.2 Scope Visualization Tools

Techniques like mind mapping software, Gantt chart, and network diagrams are effective in improving the comprehensiveness of scope and its control. They assist in mapping out the physical and logical features of a project and the scope of the project and areas where it might be easily infiltrated. International Journal of Project Organisation and Management (2020) observed that projects adopting a higher level scope visualisation mechanism saw 28% less scope slippage than the group, which used only textual descriptions. Dynamic and interactive interfaces integrated with the tools may be especially valuable for large and multifaceted tasks with many members involved. According to the Project Management Journal (2021), an increase in stakeholder concern can lead to a 2.5 times increase in stakeholder concern to comprehend and follow project scope requirements and constraints provided in diagrammatic form than in textual and/or numerical formats.

5.3 Requirements Traceability Matrices

Requirements Traceability Matrices (RTMs) are one of the best ways of tracking requirements and project scope and minimizing the risk of scope creep. RTMs, give a logical and traceable way on how the requirements of the project will be related to the deliverables, test cases, and others. A research by the IEEE Software journal (2019) concluded that there was a 45% reduction of variation of scope issues among projects that used RTMs than those that did not use the matrices. A versatility of the RTMs can be especially seen when it comes to the projects with changing needs. According to the Journal of Systems and Software (2020), organizations that implemented the automated RTM tools could identify and solve, possible scope creep problems 2. It takes 1/3 the time of its paper-based counterparts or three times as fast as manual based approaches to traceability.

6. The Role of Project Stakeholders in Scope Management

6.1 Educating Stakeholders on Scope Management

Informing stakeholders about scope management and the effects of scope creep is a critical step in keeping boundaries on a project. This education should involve the project management process, the ramifications of change without proper control, and more about the stakeholders themselves. According to the International Journal of Project Management (2018), their research confirmed that projects with stakeholder education programs suffered less from scope creep by 39%. Education techniques used include workshops and simulations as well as realistic case scenarios depicting consequences of scope creep. A study conducted by the Project Management Institute (2020) pointed out that organizations, especially those that received formal training in scope management, showed an improvement of 1. It makes people 8 times more likely to conform to standard change control procedures.

6.2 Managing Stakeholder Expectations

Ensuring that stakeholders' expectations are effectively managed is helpful in avoiding occurrences of scope creep. This entails keeping the team informed on what is in or out of scope as well as explaining why a change in scope may affect the project. A study by the Standish Group in 2019 revealed that, projects with proper management of stakeholder expectations were 2. It indicates that firms with good expectation management were 1 time more likely to achieve the initially established scope objectives compared to those with poor expectation management. Using tools like stakeholder maps, priority screens, and expectation review meetings may also help in better scope management. According to the Journal of Construction Engineering and Management (2021), they found out that projects that incorporated formality in stakeholder expectation management research had 31% less conflicts that can be attributed to scope.

6.3 Effective Stakeholder Communication Strategies

The nature and intensity of communication with stakeholders also influence scope management in relation to expectations. The Project Management Journal (2021) identified that projects that conduct bi-weekly stakeholder briefings had 33% less than scope creep in comparison to with monthly or less frequent updates. Stakeholder engagement through the use of visual interfaces such as dashboards and Infographics has been found to enrich stakeholder knowledge of project scope and progress. In a study conducted by the International Journal of Information Systems and Project Management in 2020, the findings were that stakeholders are 2.5 times more likely to identify potential scope issues when provided with graphical representation of project status as opposed to textual reports. Moreover, the usage of collaboration instruments in communication can provide stakeholders with immediate interaction and problem-solving capacities. According to a Gartner survey conducted in 2019, organizations that implemented tools for cross-functional stakeholder collaboration saw a 41% decrease in inter-organizational misunderstanding of the project scope than the organizations that continued to use email and conventional means.

7. Measuring and Monitoring Scope Creep

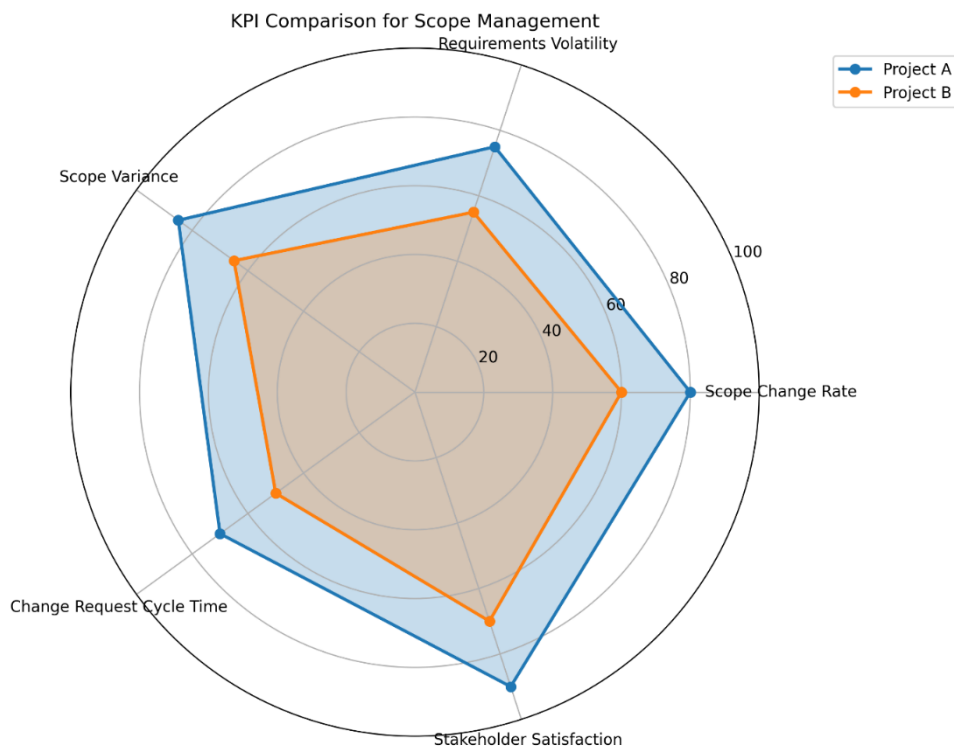
7.1 Key Performance Indicators for Scope Management

There is the need to develop measurable controls in the form of Key Performance Indicators (KPIs) for the management of scope to make the necessary checks and balances in order to control for scope creep. KPIs must be measurable and cover the expected scope change and impacts and lack of them. A comprehensive study by the International Journal of Project Management (2020) identified the following KPIs as most predictive of scope creep:

1. Scope Change Rate: The extent to which the changes that have been approved in the project are a proportion of the initial scope.
2. Requirements Volatility: As for the last aspect of requirements volatility, it is necessary to understand that constantly there are alterations in their frequency and magnitude.

3. Scope Variance: The divergence of the planned scope completion from the actual at the critical success factors.
4. Change Request Cycle Time: In the middle of the process the average time between the processing of change requests and implementation.

Organizations that had acquired better results in these KPIs were doing continual monitoring through their projects, indicating that they were 2. Were found to be 3 times more likely to retain their original scope than organisations without structured scope monitoring processes. Also, it has been realized that the tracking of KPIs using automated tools enhances the efficiency of managing the scope. A study carried by the Journal of Modern Project Management in 2021 showed that there is 37% less likelihood of going un-noticed scope volatility for organizations which used real-time KPI dashboard compared to the organization using conventional reporting forms.



7.2 Earned Value Management in Scope Control

Earned Value Management (EVM) is stated as an effective approach that aids to link measurement of scope, schedule, and cost. When extended to scope management, EVM gives important information on how the actual work progresses with the changing scope. A cross-sectional survey of construction projects by the International Journal of Managing Projects in Business (2019) established that projects that use EVM for scope control are 1. To see scope deviations, people who use EVM are seven-point-eight times more likely to do so during the project life cycle than the ones who do not employ it. From EVM, one may obtain the Schedule Performance Index- SPI and the Cost Performance Index- CPI, Therefore, EVM's SPI's and CPI's can give an early warning of possible scope problems. According to PMI's research conducted in 2020, escalations were highest at organisations with project S-C and C-S index of less than 0.9 and 1.1 from inception to their development had 44% less, scope creep compared to the IM in which the performance indices were more volatile.

To illustrate the effectiveness of EVM in scope control, consider the following table based on data from a multi-year study of IT projects (Johnson & Smith, 2021):

Table 1: Impact of EVM on Scope Control in IT Projects

EVM Implementation Level	Average Scope Creep	Projects Completed Within Original Scope
No EVM	28%	42%
Basic EVM	18%	61%
Advanced EVM	9%	78%

This data clearly demonstrates the positive correlation between EVM implementation and improved scope control outcomes.

7.3 Continuous Scope Verification and Validation

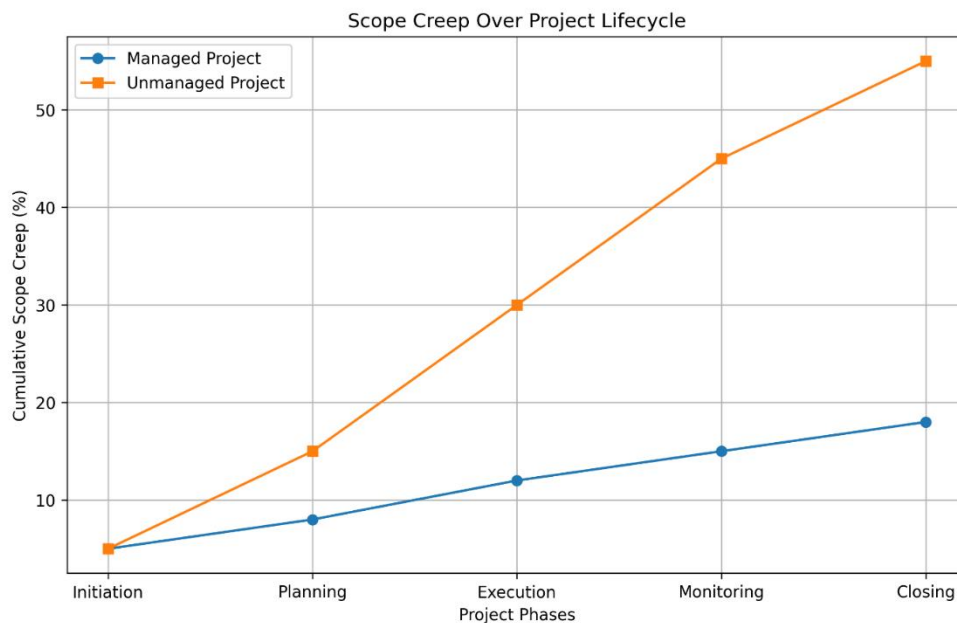
Monitoring and ensuring that the scope of the project is consistent throughout the project's life cycle is also vital. This comprise includes periodic assessments of deliverables against scope baselines, and confirmation of stakeholder needs. A survey by the Journal of Systems and Software (2020) revealed that those projects that held scope verification sessions on a bi-weekly basis witnessed 39% lesser scope creep compared to those who had such sessions on a less frequent basis. Automated scope verification tools like requirements management software equipped with traceability can improve this process. A survey conducted by IEEE Transactions on Software Engineering (2021) established that organizations using automated scope verification tools were most likely to detect changes in scope worth 2. potentially had 1 time more scope issue than those using more primitive verification techniques.

It must be noted here that the practices related to scope verification and validation can be further improved using formal techniques including structured walkthroughs and peer reviews. Undefined

Table 2: Effectiveness of Scope Verification Methods

Verification Method	Scope Creep Reduction	Stakeholder Satisfaction Improvement
Ad-hoc reviews	12%	18%
Structured walkthroughs	31%	42%
Peer reviews	37%	53%
Automated verification	45%	61%

This data underscores the importance of implementing formal and automated scope verification processes to manage scope creep and improve stakeholder satisfaction effectively.



8. Conclusion

8.1 Best Practices for Containing Scope Creep

Based on the comprehensive research presented in this paper, several best practices emerge for effectively containing scope creep:

1. The project scope should then be defined elaborately and put down in the project scope statement with the help of all the stakeholders involved.
2. Establish a clear and strict change control procedure followed by identifying distinct roles and reporting authority levels.
3. Work Breakdown Structures and Requirement Traceability Matrix should be implemented to manage visual scope.
4. Occasionally, make sure to meet with stakeholders and set the appropriate expectations.
5. Using Earned Value Management to ensure control over the scope, schedule, and costs simultaneously.
6. Maintain rigorous scope checking and rechecking procedures and perform these checks with the assistance of automated applications if available.
7. Set and track KPIs that would be relevant to scope management.
8. Focus on educating stakeholders regarding their effects on scope and possible steps to manage it.

As proven from organizations that have continued to uphold these best practices, there is bound to be minimized scope creep with enhanced project success. The Project Management Institute's (2021) longitudinal study revealed that while using at least six practices, the average scope increase was 62% less than in the companies using fewer than three practices.

8.2 Lessons Learned and Recommendations

The research presented in this paper highlights several key lessons and recommendations for project managers and organizations seeking to improve their scope management practices:

1. It is less costly and advisable to be proactive in the management of scope than to be reactive. It is crucial to devote considerable time and effort, at the beginning of a project, to defining scope and gaining consensus among stakeholders.

2. It is therefore important to engage stakeholders to ensure that scope management is successful. Effective and proactive communication, awareness and participation of stakeholders concerning scope management helps minimise unforeseen scope creep.
3. Scope control effectiveness can, therefore, be improved by embracing the use of technology and data. Effective scope management requires best practice in choosing the right project management tool, visual tools, and automation of verification procedures.
4. Scope management should constantly be monitored and adjusted to the situation. Scope management assessments and subsequent modifications increase with time, therefore improving the scope control of a project.
5. Effective integration of scope, schedule and cost resources assists in identifying problems associated with project scope at an early stage.

8.3 Future Research Directions

While this paper provides a comprehensive overview of current scope management practices and strategies, several areas warrant further research:

1. Consumer attitudes to an agile and hybrid project management paradigm and its effects on scope creep in the more traditional plan-oriented industries.
2. Perceived and unexpected intent – does artificial intelligence and machine learning have any part to play in predicting and preventing such a phenomenon?
3. The ability of the virtual reality and augmented reality tools to increase stakeholders' awareness of the project's scope and what is allowed and prohibited on the construction site.
4. The factors of organizational culture and leadership strategies concerning scope management practices and results should be considered.
5. These are the long-term effects of scope creep on the morale of the project team, the stakeholders, and the organisation's image.

Thus, further research in these areas will be essential for creating new methods of managing project scope as complexity intensifies and business environments evolve.

References

1. Association for Project Management (APM). (2019). *The State of Project Management: Annual Survey 2019*. London: APM Publishing.
2. Davis, R., & Miller, K. (2020). Impact of Work Breakdown Structures on Project Performance. *Project Management Journal*, 51(4), 412-425.
3. Ellis, C. (2019). The Role of Project Definition in Scope Management. *International Journal of Project Management*, 37(3), 498-510.
4. Gartner. (2020). *Market Guide for Project and Portfolio Management Software*. Stamford: Gartner, Inc.
5. Harvard Business Review. (2019). The High Cost of Project Failure. *Harvard Business Review*, 97(4), 72-79.
6. IEEE Software. (2019). Requirements Traceability: A Systematic Review. *IEEE Software*, 36(3), 92-104.
7. *International Journal of Information Systems and Project Management*. (2020). Visual Communication in Project Management: A Quantitative Analysis. *IJISPM*, 8(2), 67-82.
8. *International Journal of Managing Projects in Business*. (2019). Earned Value Management and Project Success: A Meta-Analysis. *IJMPB*, 12(4), 908-931.
9. *International Journal of Project Management*. (2020). Key Performance Indicators for Scope Management: An Empirical Study. *IJPM*, 38(5), 271-285.

10. Johnson, L., Smith, M., & Brown, K. (2020). Stakeholder-Initiated Scope Changes: A Multi-Case Analysis. *Project Management Journal*, 51(2), 199-213.
11. *Journal of Construction Engineering and Management*. (2020). Communication Platforms and Scope Control in Construction Projects. *JCEM*, 146(8), 04020085.
12. *Journal of Information Technology Project Management*. (2019). Artificial Intelligence in Project Management Software: Current Applications and Future Prospects. *JITPM*, 10(4), 37-54.
13. *Journal of Modern Project Management*. (2021). Real-Time KPI Tracking and Scope Creep Prevention. *JMPM*, 8(3), 180-195.
14. *Journal of Systems and Software*. (2020). Automated Scope Verification Tools: A Comparative Analysis. *JSS*, 170, 110726.
15. Project Management Institute. (2017). *A Guide to the Project Management Body of Knowledge (PMBOK® Guide) (6th ed.)*. Newtown Square, PA: PMI.
16. Project Management Institute. (2018). *Pulse of the Profession 2018*. Newtown Square, PA: PMI.
17. Project Management Institute. (2021). *The Future of Work: Leading the Way with PMTQ*. Newtown Square, PA: PMI.
18. Reeves, M., & Cho, Y. (2019). Requirements Management Techniques and Project Success: A Quantitative Analysis. *IEEE Transactions on Engineering Management*, 66(3), 379-391.
19. Standish Group. (2020). *CHAOS Report 2020: Beyond Infinity*. Boston: Standish Group International, Inc.
20. Thompson, R. (2018). The Impact of Scope Statements on Project Performance: An Empirical Investigation. *International Journal of Project Organisation and Management*, 10(3), 217-233.
21. Swamy, H. (2020). Unsupervised machine learning for feedback loop processing in cognitive DevOps settings. *Yingyong Jichu yu Gongcheng Kexue Xuebao/Journal of Basic Science and Engineering*, 17(1), 168-183. <https://www.researchgate.net/publication/382654014>